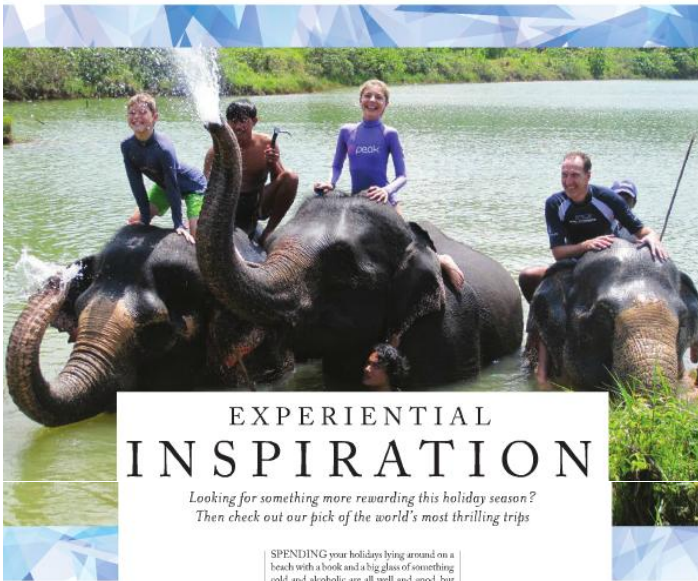


- TRAVEL -
Words - Sophie Denning



EXPERIENTIAL INSPIRATION

Looking for something more rewarding this holiday season?
Then check out our pick of the world's most thrilling trips

SPENDING your holidays lying around on a beach with a drink and a big glass of something cold and alcoholic are all well and good, but today's travellers seek something more. The current buzz is around the growth of experiential travel, about valuing the experiences you actually have over what you're told you should be doing by someone else. More than the amenities and creature comforts, more than the 'must-see' tourist attractions and photos, the real-life experiences are the compelling factor for many travellers. Read on to discover your own adventure...



- TRAVEL -



Peter Island, British Virgin Islands

Grilling and smoking masterclasses

Those looking to update their culinary credentials should head to Peter Island Resort & Spa for a winter break with a difference. The island's new grilling and smoking classes, held once a week, teach guests the art of charcoal cooking and smoking, plus how to prepare and fillet fresh fish and lobster. The resulting delicacies will be served with produce from the island's kitchen garden, freshly picked that day.

[Read more](#)

ISLAND LIFE: Whether in Peter Island (above) or Khao Lak (below), discover your own private adventure



Khao Lak, Thailand

Day in the life of a local

The Sarojin, a boutique hotel set on an 11km stretch of secluded white sand beach in Khao Lak, just a 35 minute drive north of Phuket Airport, can now take guests into the heart of the Thai community. During the 'Day in the Life of a Local' tour, guests will travel to Khao Lak's rural areas and shadow a local fisherman, a Buddhist monk, an elephant mahout, a fruit farmer and a market seller as they go about their daily lives. From helping to catch fish to feeding and riding elephants, to attending prayers with local monks or carrying rubber trees for latex sap with a plantation worker, this is the perfect way to get a deeper insight into local culture.

[Read more](#)