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Food and drink

Higher love

By Tony Cross | 29 Jan 2014

WORLDWIDE The travel business loves to help you fall in love. This year's Valentine's Day offerings range from extravagant helicopter rides, to more modest romantic candlelit meals, or even just a tasty Valentine's gingerbread man. Take your pick, after you pick who to take...

Buddhist blessing | Thailand

The Sarojin boutique resort in Thailand has teamed up with local Buddhist monks (pictured above) to offer 'A Buddhist Blessing of Love'. The experience begins with a morning journey to give alms to local monks as they leave their temples to walk through the local town, as they have done for centuries. From there the loving couple transfer by luxury car, before visiting one of the Sarojin's favourite pagodas. Offering a small basket of items to the monks is a sign of respect, and the head monk will return his thanks with a blessing as he pours holy water over the couple while chanting ancient Pali-Sanskrit 'mantras'. The experience starts from around £20 for two people. Visit www.sarojin.com for more details.