



The Sarojin  
60 Moo 2, Kukkak, Takuapa  
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## **The Sarojin some suggestions for venturing forth**

### **what to do?**

walks to regenerate your soul, bicycle paths just begging to be visited, a sweep of alabaster sand beach and crystalline ocean waters in a secluded bay beckon

the area of khao Lak and phang nga surrounding The Sarojin is an area of outstanding beauty both inland and offshore. pure white beaches, cascading waterfalls, spectacular primary forest, idyllic lagoons and wildlife abound. the national parks of khao sok and khao lak are home to some of the oldest primary forest in the world. all are easily accessible

golf at tap la mu or the championship golf course at thai muang, board the lady sarojin boat and cruise in luxury to snorkel, swim or scuba in the similan and Surin islands' national marine parks, explore the adventurous playgrounds of khao sok national park. or instead try deep sea or lagoon fishing, sea cave canoeing, jungle safari, white water river or bamboo rafting, mountain biking, elephant safari, jungle canoeing, bird and wild life watching, temples, shopping.....

our own excursions team and guides help ensure individual guest attention and comfort

we have some suggestions, you have your imagination – what would you like to do?



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## marine adventures

### **lady sarojin**

lady sarojin is a private 38 foot luxury boat available for exclusive use by The Sarojin guests

### **private charters**

the luxury boat, lady sarojin, is exclusively available for guests to privately charter. these days are spectacular and offer a very personal and special opportunity and memory

from may – october, the lady sarojin is moored in phang nga bay, 50 minutes drive from The Sarojin and offers cruising and sea cave exploration and snorkeling amongst the koh kai islands in this area of outstanding natural beauty

between november – april, the lady sarojin rests off the beach of the resort, which gives guests access to the lush reefs of the similan islands. these private charters can be for snorkeling & diving as well as sunset cruises.

private charter days are designed to individual guest requirements and are all inclusive of equipment, guides, fresh towels, cold towels, gourmet cruise cuisine lunch and an all day open bar aboard serving beers, sparkling wine, wines, standard spirits, juices, soft drinks, tea coffee and water

### **november – april options aboard the lady sarojin**

#### **snorkeling or scuba dive**

#### **similan islands national marine park - full day**

cruise, snorkel and scuba dive in the similan islands, 1 hour by transfer on the lady sarojin. the similans are renowned for their underwater beauty, marine life and coral, soft white sand beaches and lush interiors. with reefs beginning only yards from the white sand beaches and a visibility of up to 30 meters, the islands offer superb snorkeling as well as a unique diving experience where even young children and novice swimmers can enjoy an underwater world usually reserved only for divers

inclusive of all diving and other equipment, guides, fresh towels, cold towels, national park fee, gourmet cruise cuisine lunch and an all day open bar aboard the Lady Sarojin serving beers, sparkling wine, wine, standard spirits, juices, standard soft drinks, water, coffee, tea

#### suggested time table snorkeling

09.00 leave The Sarojin  
10.15 arrive at the similan islands  
10.30 first snorkel  
12.00 second snorkel  
13.30 gourmet cruise cuisine lunch served either aboard the lady sarojin or on the beach  
15.30 third snorkel  
16.30 leave the similan islands  
17.45 arrive back to The Sarojin

#### suggested time table scuba

08.30 leave The Sarojin  
09.30 arrive at the similan islands  
10.00 first dive  
12.30 second dive  
14.00 gourmet cruise cuisine lunch served either aboard the lady sarojin or on the beach  
15.30 third dive  
17.00 leave the similan islands  
18.00 arrive back to The Sarojin



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### **sunset cocktail cruise**

enjoy the sunset whilst cruising aboard the lady sarojin in pakarang bay and further north into the fishing village of baan nam khem and the endless estuaries of the mangrove forest with freshly made cocktails and beverages

baan nam khem is located 20 minutes drive north of The Sarojin, this small coastal fishing village is the gateway to the endless waterways leading through spectacular untouched mangrove forest

suggested time table

16:30 leave The Sarojin

17:00 enter baan nam khem fishing village and continue into mangrove forest and estuaries

18:35 leave the mangroves

19:00 arrive back at The Sarojin

### **may-october options aboard the lady sarojin and all year by private charter**

#### **cruising, sea cave canoeing and snorkeling phang nga bay and koh kai islands- full day aboard the lady sarojin luxury boat**

cruise at leisure and enjoy sea cave canoe journeys in phang nga bay and snorkelling amongst Koh Kai islands aboard the lady sarojin luxury boat. depart from yacht haven marina, beautifully located in phang nga bay and 50 minutes by private car transfer from The Sarojin. phang nga bay is renowned for its many dramatic limestone islands. these distinctive sheer rock formations jut vertically out of the emerald green water. at lower tides cave tunnels are exposed amongst these huge rocks allowing entrance by sea canoes through these areas of untouched nature and into the hidden lagoons behind.

the corals reefs amongst the koh kai islands offer a wide variety of fish and corals for snorkelling. the beaches are powder white and brilliantly coloured sergeant major fish can be fed from the hand.

this marine adventure is all inclusive of equipment, guides, fresh towels, cold towels, cruise cuisine gourmet lunch and an all day open bar aboard the lady sarojin serving beers, sparkling wine, wine, standard spirits, juices, standard soft drinks, water, coffee, tea

suggested time table

08.30 leave The Sarojin

09.30 arrive at yacht haven marina

09.45 leave yacht haven marina and cruise phang nga bay amongst the famous rock formations.

10.15 sea cave canoe

11.30 depart sea cave canoe

12.30 gourmet cruise cuisine served either aboard the lady sarojin or on the beach

14.00 snorkeling at koh kai nok

15.30 depart koh kai nok

16.30 arrive yacht haven marina

17.30 arrive back at The Sarojin

### **all year**

#### **sea cave canoeing and temple tour phang nga bay - full day by local fisherman's longtail boat**

phang nga bay is renowned for its many dramatic limestone islands. these distinctive sheer rock formations jut vertically out of the emerald green water at lower tides cave tunnels are exposed amongst these huge rocks allowing entrance by sea canoes through these areas of untouched



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nature and into the hidden lagoons behind the bay also gives home to a remarkable sea gypsy village, (koh panyee), built over water on stilts and with a giant rock monolith guarding its rear. phang nga bay's most famous limestone rock is tapu island, also known as james bond island from the film 'man with the golden gun' wat thamsuwankuha, set in a giant cave and is one of the most historic of phang nga's temples and houses a 15 meter long reclining buddha, the largest in southern thailand

this marine adventure is inclusive of private car and chauffeur, local fisherman's longtail boat, guides, equipment, fresh towels, cold towels, national park fee, beers, standard soft drinks, lunch at koh panyee sea gypsy village

suggested time table

08.30 leave The Sarojin  
09.30 arrive at phang nga town and transfer to fisherman's longtail boat  
10.30 Sea cave canoe  
12.00 arrive tapu island (james bond island, from the film 'man with the golden gun')  
13.00 lunch at koh panyee sea gypsy village local restaurant  
14.15 leave koh panyee  
15.00 arrive at phang nnga town  
15.30 arrive at wat thamsuwankuha temple  
16:30 leave wat thamsuwankuha  
17.30 arrive back at The Sarojin

### **mangrove canoeing**

#### **baan nam khem fisherman's village - half day**

baan nam khem is located 20 minutes drive north of The Sarojin, this small coastal fishing village is the gateway to the endless waterways leading through spectacular untouched mangrove forest. the shallow inter-tidal reaches that characterize the mangrove wetlands offer refuge and nursery grounds for juvenile fish, crabs, shrimps, and mollusks. mangroves are also prime nesting and migratory sites for hundreds of bird species. in thailand, for instance, there are over 500 species of birds recorded in mangrove areas. additionally, crab-eating monkeys, monitor lizards, sea turtles, and mud-skipper fish utilize the mangrove wetland

this adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, beers, standards soft drinks

suggested time table

09.00 leave The Sarojin  
09.20 arrival at baan nam khem fishing village, transfer to local longtail boat  
10.00 canoe safari through mangrove forest and estuaries  
11.30 arrive back at baan nam khem  
12.00 leave baan nam khem fishing village  
12.20 arrive back at The Sarojin



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### **jungle adventures**

The Sarojin is surrounded inland by spectacular primary forests and easy access to five national parks adventures. limestone mountains, breathtaking lakes, caves and wild animals. from the mountains, waterfalls cascade into a lowland rainforest, 160 million years old which makes it some of the oldest rainforest in the world. it is nature at large and a much-vaunted addition to your Sarojin experience

### **full days**

#### **elephant and jungle canoe safari khao sok national park - full day**

khao sok national park covers a huge area of 739 km. sq. combined with two other nearby protected areas (klong saers and Khlong nakha), the entire protected area measures almost 4,000 km<sup>2</sup>. khao sok is well known for its limestone mountains. the highest limestone peak is 960 m high, but the normal height is 400-600 m

explore this outstanding national park by elephant and jungle canoe safari. visit the elephant camp, venture into the depths of the thai jungle, canoe and swim rivers and streams. dine safari style in the great outdoors

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fee, gourmet safari style lunch including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks

#### **suggested time table**

08.30 leave The Sarojin  
09.30 arrive at khao sok national park elephant camp  
10.00 elephant safari  
12.30 gourmet safari style lunch  
14.00jungle canoe safari  
16.00 leave khao sok national park  
17.15 arrive back at The Sarojin

#### **elephant trekking and pleat boat river safari khao lak lam ru national park and takkupa river -half/full day**

khao lak lam ru national park covers 125 km. sq. of sea shore and inland forest and contains several mountains which are the origin of important rivers for phang nga province- takuapa river and phang nga river. the protection of this area is very important for conserving the natural water sources for the province. explore this beautiful national park by elephant and "pleat boats", (traditional fast longtails), and swim in the rivers and waterfalls

takuapa river is one of the most important rivers in phang nga province. explore this magnificent river and its beautiful mangrove forest waterways by "pleat boats" .takuapa was the old capital of phang nga due to its importance for trading and tin mining

the traditional "pleat" boats are especially designed to cruise shallow water areas and give a rare opportunity to enjoy a close up of the spectacular scenery, fauna, flora and the local rural way of life within these waterways. stop as you feel to explore further and enjoy a safari style lunch set on the river's beautiful bank

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fees, gourmet safari style lunch, including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks



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suggested timetable:

09.00 leave The Sarojin  
09.15 arrive at the elephant camp  
09.30 elephant safari  
11.00 leave elephant camp  
11.15 arrive at pleat boat camp  
11.30 mangrove and river safari  
13.00 gourmet safari style lunch  
14.30 arrive back at The Sarojin

### **jungle and cave safari manora forest park and elephant cave – full day**

the area of phang nga is renowned for its many dramatic limestone rock formations both inland and in phang bay

manora forest park is located 50 minutes drive south east of The Sarojin in the valley between phang nga and krabi province. passing through primary rainforest this educative 1.5 hour jungle trek has several marked points of interest including a variety of small caves. the trek gives an excellent insight into the geology as well as fauna and flora of the phang nga area

striking multi-tiered waterfalls in the park with pools provide well earned opportunities for swimming. this jungle trek is suitable for all normally fit adults

tham phung cave, also known as elephant cave, is located in the center of phang nga town and was only discovered seven years ago. this fantastic cave is open for visitors to explore its first three sections by a combination of canoe, bamboo raft and walking

it houses a huge variety of stalagmites and stalactites and provides a deeper insight into the geology of the phang nga area. exploration of the third section of this cave requires visitors to walk through water (knee height), and therefore we recommend wearing a closed heel sandal or a running shoe you don't mind getting wet

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fees, gourmet safari style lunch, including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks

suggested timetable:

09.00 leave The Sarojin  
10.00 manora forest park jungle trek,  
12.15 gourmet safari style lunch  
13.30 leave manora forest park  
14.00 elephant cave exploration  
15.15 leave elephant cave  
15.30 lam pi waterfall  
17.00 arrive back at The Sarojin

### **jungle safari sri phang nga national park – full day**

sri phang nga national park is located 50 minutes drive north east of The Sarojin amid a range of mountains crossing both the provinces of takuapa and khuraburi. It is a tropical rain forest and its streams provide a major water source for phang nga province. It offers terrific scenic views of mountains, rivers and waterfalls and is home for a wide variety of fauna and flora. common sightings include gibbons, monkeys, hornbills, frogs and several species of beautiful butterflies  
this 2 hour jungle walk allows you the opportunity to comfortably experience the varied environments



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within this gorgeous national park. the walk starts with a small river crossing and path leading through the lower jungle area. the path then climbs up into the mountains where gibbons are often seen and almost always heard. at the top a small view point makes it possible on clear days to see through to the andaman sea

climbing back down, the path leads to the top of the fantastic 65m high tam nang waterfall. The surrounding rocks literally allow visitors to stand directly next to the river as it plunges into the pool and river below. stunning views are also afforded of the river valley. climbing back down, the path leads to the base of this splendid waterfall curtain where it is also possible to swim

this jungle safari is suitable for all normally fit adults. there is also an option not to walk up to the mountain viewpoint and to continue straight to the top of tam nang waterfall. there are two toilets with showers for showering use at the park head quarters after waterfall swimming should this be required

shorter or longer, easier or more extreme jungle treks are available in this beautiful national park

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fee, gourmet safari style lunch including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks

suggested time table

09.00 leave The Sarojin  
10.00 arrival at sri phang nga national park  
10.30 jungle trek – mountain, river, forest, waterfall, swimming safari  
13.00 gourmet safari style lunch  
14.00 leave sri phang nga national park  
15.00 arrive back at The Sarojin

#### **white water rafting and atv (all terrain vehicle) safari tonepariwat national park – full day**

tonepariwat national park is located 45 minutes drive south east of The Sarojin. enjoy a white water rafting river adventure and breathtaking views on the beautiful tonepariwat wildlife sanctuary river. be prepared to get very wet! take a break to enjoy a gourmet picnic lunch and swim at a waterfall before exploring the jungle by atv

this river & jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fee, gourmet safari style lunch including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks

suggested time table

09.00 leave The Sarojin  
10.00 arrive at tonepariwat national park  
10.30 white water rafting safari  
11.30 leave tonepariwat river  
11.45 arrive at waterfall – walk and swim  
12.30 gourmet safari style lunch  
14.00 atv Safari  
15.45 leave tonepariwat national park  
16.45 arrive back at The Sarojin



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**white water rafting experiences, waterfall walk, swim, gourmet safari style lunch  
tonepariwat national park – full day**

tonepariwat national park is located 45 minutes drive south east of The Sarojin. enjoy a white water rafting river adventure and breathtaking views on the beautiful tonepariwat wildlife sanctuary river. be prepared to get very wet!

this river adventure is all inclusive of equipment, guides, fresh towels, amenities, cold towels, standard soft drinks, beers, fresh fruit, private car and chauffeur

**suggested time table**

09.00 transfer from The Sarojin to tonepariwat national park  
10.00 arrive at tonepariwat national park and introduction and preparation  
10.30 white water rafting first run  
11.30 drive to start of tonepariwat waterfall walk and walk to waterfall and swim  
12.30 gourmet safari style lunch  
14.00 white water rafting second run  
15.45 depart tonepariwat national park  
16.45 arrive at The Sarojin

**phang nga temple tour**

**phang nga province – full day**

phang nga province offers three of thailand's most amazing temples.

bang reang temple, set high upon a mountain has the largest temple pagoda in phang nga and affords breath taking views. It houses a piece of buddha's bone.

dragon cave temple, as the name suggests is set within a cave and offers a very special atmosphere for quiet meditation and reflection.

wat thamsuwankuha, set in a giant cave and is one of the most historic of phang nga's temples and houses a 15 meter long reclining buddha, the largest in southern Thailand.

this trip is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park and temple entrance fees, gourmet safari style lunch including either one bottle of sparkling wine or one bottle of wine from the cellar, beers, all day standard soft drinks

**suggested time table**

08.30 leave The Sarojin  
10.00 arrive bang reang temple  
11.00 leave for dragon cave temple  
11.30 arrive dragon cave temple  
12.30 leave for waterfall  
13.00 arrive at the waterfall – swim, gourmet safari style lunch  
14.30 leave waterfall  
15.00 arrive at wat thamsuwankuha temple  
16.00 leave for wat thamsuwankuha temple  
17.00 arrive back at The Sarojin



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### **explore rachaprapha dam rachaprapha dam – full day**

the 95 metre high, 700 metre long rachaprapha dam, constructed in 1982, heads the magnificent 165 square kilometre cheow lan reservoir, generating power to large areas of southern thailand.

a relaxing two hour drive through the fringes of three national parks, khao sok, sri phang nga and klong phanom affords views of rugged karst terrain, vast swathes of forest and rural life.

cruise the emerald waters of the lake aboard a traditional thai longtail boat, against a backdrop of breathtaking limestone cliffs, towering up to 960 metres above the lake edge. at the floating raft houses, explore by kayak, a further opportunity to sight wildlife such as gibbons, macaques, langur, deer, osprey, eagles, hornbills and monitor lizards. swim in the cool, clean waters and relax over lunch amidst the extraordinary scenery. cruise through khao sok's very own 'guilin', the remnants of an ancient coral reef visible today as a dramatic and hauntingly beautiful landscape interspersed with emergent treetops.

this experience is inclusive of all equipment, private car and driver, private longtail boat, guides, fresh towels, cold towels, national park fees, gourmet thai lunch including standard soft drinks, wine and beers.

#### timetable

09.00 leave the sarojin  
11.00 arrive at rachaprapa dam  
11.15 start cruising the lake  
12.00 arrive at the floating raft house, swim, kayak and enjoy lunch  
15.00 continue cruising and visit 'guilin'  
15.45 arrive at the pier  
17.45 arrive at the sarojin

#### half days

### **elephant trekking and bamboo river rafting safari khao lak – lam ru national park - half day**

khao lak · lam ru national park covers 125 km. sq. of sea shore and inland forest. the park contains several mountains such as khao lak mountain, lam ru mountain, sang tong mountain, mai kaeo mountain and prai bang toa mountain. the highest peak is about 1,077 meters above sea level. the mountains are the origin of the important rivers for phang nga province, ta kua pa river and phang nga river. the conservation and protection of this area is very important for conserving the natural water sources for the province

explore this beautiful national park by elephant and bamboo raft safari and swim in the rivers and waterfalls

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, elephant and bamboo raft safari, fresh towels, cold towels, beers, standard soft drinks

#### suggested time table

09.00 leave The Sarojin  
09.20 arrive at the elephant camp  
09.30 elephant trekking safari  
11.00 leave elephant camp  
11.30 bamboo river rafting safari  
12.45 leave bamboo river rafting camp  
13.00 arrive back at The Sarojin



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### **mountain biking katathong – half day**

katathong is located 35 minutes drive east of The Sarojin. the area of katathong is centered on two lakes and is full of endless trails perfect for exploring by mountain bike. hidden away on a hill is a beautiful shrine dedicated to buddha and the seven heads of naga - which serves to bless this beautiful and peaceful area. many of these trails are lined with rubber trees which provide cover from the sun

this jungle adventure is inclusive of all equipment, private car and chauffeur, guides, fresh towels, cold towels, national park fees, including beers, all day standard soft drinks  
suggested timetable:

08.30 leave The Sarojin  
09.15 arrive at katathong  
11.30 leave katathong  
12.15 arrive back at The Sarojin

### **old takuapa town visit half day**

the first inhabitants settled in takuapa town in the 3<sup>rd</sup> century before christ. later takuapa became the most important harbour on the west coast of thailand and was a centre for tin mining. step back in time and wander around the chinese shops and temples. a “must” for photographers. guests will be accompanied by a guide to share the local history, traditions and customs of the local area

9.00 leave The Sarojin  
visit chinese temple, thai temple, governors wall and old takuapa and market

this trip is inclusive of transport by private car or private mini van, guide, standard soft drinks, cold towels

### **a glimpse of local life takuapa town, ban nam khem fishing village, local area industries – half day**

takuapa, the old capital town of phang nga province, is an historic traditional thai town, 20 minutes drive north from the sarojin. the first inhabitants settled in the area in the 3<sup>rd</sup> century before christ. by the 1930's takuapa had become established as the most important harbour on the west coast of thailand and a centre for the tin mining industry and trading.

takuapa is built along and around the banks of the takuapa river. one of the most important rivers in phang nga province, the takuapa river is a wide meandering river flowing down from the mountains of khao sok national park and out to the andaman sea through the estuary and mangrove ecosystem at ban nam khem south of takuapa. the river is a beautiful ecosystem in its own right and an important lifeline for the local area and community. lined in parts by grassland pastures it offers a sanctuary for a wide variety of fauna and flora. herds of water buffalo and flocks of egrets are common place on its banks.

on route to and from takuapa town take the opportunity for a closer look at thai rural life. the prawn farming industry and rubber plantations are two local area industries essential to the economy of phang nga province. cashew nuts, an integral ingredient of thai cuisine and popular as a snack, are also widely commercially grown in this area and then processed by hand using traditional methods.

in the old town of takuapa, step back in time and wander through chinese and thai temples; walk the old town streets exploring the fascinating chinese and sino-portuguese architecture and shops and glimpse the past prosperity of centuries ago. a “must” for photographers.



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just south of takuapa, lies the fishing village of ban nam khem, a major port for the local fishing industry and a gateway to the ban nam khem mangrove ecosystem into which the takuapa river flows out to the andaman sea. the area of ban nam khem was very badly affected by the december 2004 tsunami and houses the tsunami memorial park, a tranquil and peaceful place for reflection and remembrance.

guests are accompanied throughout by a private guide to share the local history, traditions and customs of the local areas.

this experience is inclusive of all equipment, guides, fresh towels, amenities, cold towels, soft beverages, beers, private car and chauffeur.

#### time table

09.00 leave the sarojin  
09.15 visit prawn farm and rubber plantation  
10.15 visit temples and old takuapa town  
12.00 ban nam khem village and tsunami memorial park  
13.00 visit cashew nut plantation  
13.40 arrive back at the sarojin

### thai cooking and culinary classes

#### thai cooking classes with chef

visit the local market with chef to learn about the local ingredients used in thai cuisine. select and taste ingredients required for chosen dishes before returning to prepare and cook chosen dishes with individual tuition from chef. enjoy lunch and perhaps a glass of wine? non cooking partners are welcome to join for lunch.

either allow our chef to suggest some dishes or select your favorites. for special dish requests please give chef one day's notice

choose from a range of cooking classes and locations, experience the surrounding areas and cook and dine in stunning locations...

#### thai cooking class with chef by takuapa river

takuapa river is one of the most important rivers in phang nga province. travel this magnificent river through its beautiful mangrove forest waterways by local "pleat" boat stopping at the local market with chef and then on by "pleat" boats for a personal cooking class with chef set on the river bank under the shade of old trees. observe local and river life and a swim as you wish. enjoy lunch safari style and a glass of wine in the great outdoors. non cooking partners are welcome to join for lunch.

takuapa was the old capital of phang nga due to its importance for trading and tin mining. traditional "pleat" boats are specially designed to cruise shallow water areas and give a rare opportunity to enjoy a close up of the spectacular scenery, fauna, flora and the local rural way of life within these waterways. stop as you feel to explore further.

#### suggested timetable

08.30 am leave The Sarojin  
09.00 am arrive at pleat boat camp explore mangroves and river  
09.30 am tour of local market with chef for shopping and tasting of ingredients  
10.30 am depart takuapa market and further explore the river by pleat boat  
11.15 am arrive at river bank location and refreshments  
11.45 am preparation and cooking



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13.15 pm lunch

14.15 pm presentation of chef's certificates, apron, chef's hat and photos

15.00 pm arrive back at The Sarojin

### **thai cooking class with chef by rainbow waterfall**

khao lak and lam ru national park contains several mountains and is the origin for the area's important rivers. the conservation and protection of this area is very important for conserving the natural water sources for the province.

after visiting the local market with chef this cooking class is set within the jungle surrounds by rainbow waterfall. enjoy lunch, perhaps a glass of wine and a swim in the waterfall? non cooking partners are welcome to join for lunch.

suggested timetable

09.00 am welcome and introduction

09.15 am tour of local market with chef for shopping and tasting of ingredients

10.00 am depart local market

10.30 am arrive at rainbow waterfall and refreshments

11.00 am preparation and cooking

12.30 pm lunch

13.30 pm presentation of chef's certificates, apron, chef's hat and photos

14.00 pm arrive back at The Sarojin

### **thai cooking class with chef at The Sarojin**

suggested timetable

09.00 am welcome and introduction

09.15 am tour of local market with chef for shopping and tasting of ingredients

10.00 am depart local market

10.15 am arrive back at The Sarojin and refreshments

11.00 am preparation and cooking

12.30 pm lunch

13.30 pm presentation of chef's certificates, apron, chef's hat and photos

### **fruit carving and natural art class**

fruit carvings and natural arts is a valued heritage of Thailand represents one of oldest art forms.

with individual tuition from chef learn to decorate food dishes with fruit carvings and a variety natural arts. cook chosen dishes with individual tuition from chef.

starting with the basics create flowers from chili, leaves from carrot... before moving to a more advance technique to create roses from watermelon; finally learn how to make your table more interesting by creating small elephant made from green apple.

suggested timetable

10.00 am basic fruit carving techniques - flowers from chili, leaves from carrot

10.30 am advance fruit carving techniques - roses from watermelon

11.30 am natural art - elephant and birds from apple

12.00 pm presentation of chef's apron and carving knife



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## **golf**

there are four golf courses in close proximity to The Sarojin – all are 18 holes. The Sarojin can arrange bookings at all courses as required

### **tap lamu golf course**

tap lamu golf course, 20 minutes away, is an 18-hole, 72-par golf course, measuring 7,160 yards, situated on song ngam beach, with 5 holes lying along the shoreline. the course is set in a beautiful tropical setting next to the ocean and with a backdrop of primary rainforest hills

### **thai muang golf course**

thai muang golf course, 35 minutes away, is a dramatic 18 holes golf course. lush tropical scenery surrounds the only championship golf course located right by the sea in phang nga province. designed by perry dye, the 18 holes and a par 72 course, it provides a fascinating test of skill for golfers at every level.

### **blue canyon golf course**

blue canyon golf and country club, 60 minutes away, is one of the most legendary golfing clubs in asia. it is located on 720 acres of a secluded, lush green valley and surrounded by the majestic mountains of phang nga and the andaman sea. blue canyon offers two award-winning 18-hole championship courses: the canyon course built in 1991 and the lakes course built in 1999.

### **mission hills golf course**

mission hills golf course, 75 minutes away, is an 18 hole, 72 par golf course, measuring 6,806 yards, situated on the north-eastern coast of phuket island. a jack nicklaus designed course, it is beautifully landscaped and surrounded by tropical hills.

## **shopping and night life tours to phuket**

looking for that perfect souvenir or gift or just planning to spoil yourself?

silks, art, gems, antiques, perfumes or those “forgotten” beach slippers. guests will be accompanied by a private chauffer and guide to answers questions and to guide guests to the best shops

this trip is inclusive of transport by private car, standby driver for 8 hours, cold towels, loan of mobile phone (deposit required)

**these are just a few of our suggestions, you have your imagination – what would you like to do?**